

Title: Oncology Symptom Support: Advancing Care Across the Cancer Journey

Date: Friday 9 October 2026

Time: 10.00 - 17.00

Venue: Garden room & Online

TIME	CONTENT	SPEAKER
10.00 - 10.15	Welcome Address	Dr Elizabeth Thompson CEO & Founder, NCIM BSIO Exec Committee
10.15 - 11.15	Medicinal mushrooms across the cancer journey	Dr. Catalina Fernández de Ana Portela Founder of Hifas da Terra, Biologist, Mycologist, Mycotherapist PhD in Medical Oncology in Clinical Research (online)
11.15 - 11.45	BREAK	
11.45- 12.30	Aromatic Tools for Symptom Support in Oncology Care	Rhiannon Lewis Director of Essential Oil Resource Consultants (France)
12.30-12.55	Mistletoe Therapy in Oncology Symptom Support	Dr Simon van Lieshout
12.55 – 13:15	My Survival Isn't a Success Story	Dale Atkinson
13.15-14.15	LUNCH	
14.10-14.15	About the BSIO	Dr Catherine Zollman Co-Chair BSIO
14.15-15.00	Update from the Homeopathy Special Interest Group for the Society of Integrative Oncology, SIO Europe including results from the Delphi Process	Dr Jean-Lionel Bagot & Professor Massimo Bonucci
15.00-15.45	Nutrition and Dietetics: Creating the bridge in Integrative Oncology	Kirsten Chick NCIM Cancer Nutritionist BSIO Council

		Co-chair of the BSIO Nutrition Special Interest Group
15.45-16.15	BREAK	
16.15 – 17.00	Supporting Quality of Life Across the Cancer Pathway: Foundations of Integrative Oncology	Natalie Silverdale Research and Development Lead for the Fountain Centre Claire Lynch Penny Brohn UK
17.00-17.45	Fasting in Cancer	Professor Valter Longo (Online)
17.45-6.00	NCIM Diploma in Integrative Healthcare Graduation Ceremony	
6.00	Networking Drinks generously supported by the BSIO Evening Meal	