

NCIM Academy

MISTLETOE THERAPY IN PRACTICE

HISTORY, PREPARATION AND CLINICAL APPLICATION

Monday 13 July & Tuesday 14 July 2026
10am - 5.30pm



Zoom Meeting ID: 848 2516 9502

Zoom link: <https://us02web.zoom.us/j/84825169502>

PROGRAMME DAY 1

10.00	Welcome Address Dr Elizabeth Thompson , CEO & Founder, Integrative Medicine Doctor, National Centre for Integrative Medicine
10.15	History and Philosophy of Mistletoe Therapy Dr Elizabeth Thompson & Dr Sarah Monz
11.00	BREAK
11.30	Growing and Preparation of Iscador Dr Sarah Monz , Iscador AG Harvesting and Production of Helixor Dr Sebastian Stockerl , Helixor Heilmittel GmbH Preparation and Delivery of Abnoba VISCUM Dr Jürgen Eisenbraun , Abnoba GmbH
13.00	LUNCH
14.00	Nature Connection and Mistletoe Dr Elizabeth Thompson & Dr Sarah Monz
15.00	BREAK
15.30	Symposium on Research and Evaluation for Mistletoe Therapy Chair - Professor Gene Feder , University of Bristol Speaker - Dr Matthias Kröz , Klinik Arlesheim Part 1: Chronobiological disturbances in cancer, cancer-related fatigue and sleep disturbances <i>Movement Break (in-person only) - Eurythmy with Rebecca Paten</i> Part 2: Cancer-related fatigue, health-related quality of life in cancer patients - Evidence based treatments of CRF and the therapeutical value of Mistletoe Therapy
17.30	CLOSE OF DAY
18.00	DRINKS & EVENING MEAL

PROGRAMME DAY 2

10.00	MISTRAL – Critical appraisal of a double-blind RCT on Mistletoe in Pancreatic Cancer Dr Sarah Monz
10.15	Mistletoe in Clinical Practice including Oral Mistletoe Dr Elizabeth Thompson
11.00	BREAK
11.30	Practical Approaches to Subcutaneous Regimens with Mistletoe Therapy Dr Simon van Lieshout , Integrative Medicine Doctor
13.00	LUNCH
14.00	Intravenous Protocols and Managing Hypersensitivity Dr Simon van Lieshout , Integrative Medicine Doctor
15.30	BREAK
16.00	Use of Mistletoe in Non-cancer diagnoses such as Chronic Fatigue Syndrome Dr Simon van Lieshout , Integrative Medicine Doctor
16.30	Round up of the day with a focus on Cautions and Contra-indications for Mistletoe Therapy Dr Elizabeth Thompson & Dr Simon van Lieshout
17.30	CLOSE OF DAY

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National Centre for
Integrative Medicine
Inspiring health and wellbeing

NCIM Autumn Conference

Oncology Symptom Support: Advancing Care Across the Cancer Journey

Friday 9 October 2026

10 am - 5 pm

Ham Green House, Bristol, BS20 0HH

In-person tickets (includes refreshments, lunch & networking drinks): £120
(early-bird £87 until 31 July 2026)

Live online/recording: £60 (early-bird £54 until 31 July 2026)

Members in-person ticket £70 or online ticket £40

7 CPD
Points



SPEAKER BIOGRAPHIES



Dr Elizabeth Thompson
CEO & Founder
Integrative Medicine Doctor
National Centre for Integrative
Medicine (NCIM)

Dr Elizabeth Thompson trained in Medicine at Oxford University and completed her clinical training at Guy's Hospital in London. Qualifying in Palliative Medicine, she obtained Membership of the Royal College of Physicians in 1991 and Certificate of Completion of Specialist Training (CCST) in September 2000.

In 2014 she set up the National Centre for Integrative Medicine (NCIM) and is passionate about how bringing conventional, holistic and lifestyle approaches together could transform modern healthcare into a wellbeing model and create diversity and choice for patients and practitioners.

Dr Thompson is CEO and founder of NCIM and is lead clinician for the NCIM Integrative Clinical team. She is an experienced Medical Homeopath specialising in women's health including menopause and supporting the health and wellbeing of cancer patients. She is a Board Member of the College of Medicine, European Society of Integrative Medicine and President of the European Congress for Integrative Medicine 2021 www.ecimcongress.com.

About NCIM

The National Centre for Integrative Medicine (NCIM) is a not-for-profit health and wellbeing organisation based in Bristol and that delivers healthcare services to individuals, wellbeing programmes in community settings and accredited education and training for healthcare professionals from across the UK, Europe and the world: namely a Masters L7 two-year Diploma in Integrative Healthcare, plus Foundation (PHCE) and Advanced (MFHom) Homeopathy training. NCIM also manages the Society for Integrative Healthcare and hosts Integrative Healthcare Webinars, Homeopathy Masterclasses and Integrative Healthcare Forums. www.ncm.org.uk



Dr Simon van Lieshout
Integrative Medicine Doctor

Dr Simon van Lieshout is a General Practitioner and Anthroposophic Physician specialising in integrative cancer care, with particular expertise in the clinical use of mistletoe therapy (*Viscum album*). He trained at the University of Cambridge and the University of Edinburgh and completed his diploma in Anthroposophic Medicine in 2017.

Since 2012, he has worked with experienced Anthroposophic physicians at the Camphill Wellbeing Trust, supporting people with cancer alongside conventional treatment. His work focuses on the personalised selection and use of mistletoe preparations to improve quality of life, resilience, and symptom management within a holistic, patient-centred approach.



Dr Sarah Monz
Managing Director of Iscador AG

Sarah Monz is an anaesthesiologist, a specialist in pain therapy and a Fellow with the National Centre of Integrative Medicine, with additional qualifications in Traditional Chinese Medicine, Acupuncture, and Functional Medicine. Following many years as a course tutor with the German Medical Acupuncture Association (DÄGfA), she served as a member of the editorial board of the German Journal of Acupuncture.

From 2010-2019, she has run her own functional medicine pain clinic at Paramed Centre in Zug/Switzerland and is currently overseeing the Medicine & Communications Department at Iscador AG, a non-profit manufacturer of mistletoe preparations for integrative oncology.

**Dr Sebastian Stockerl**

Senior Area Sales Manager at
Helixor Heilmittel GmbH

From the lab bench to global markets – Dr Sebastian Stockerl connects science with real-world impact for cancer patients. As a Senior Area Sales Manager at Helixor Heilmittel GmbH, he combines a PhD in Organic Chemistry with hands-on experience working alongside physicians and practitioners.

Today, he operates across Europe, Asia, and Oceania, helping bring mistletoe-based therapies from production into clinical practice – driven by the belief that innovation only matters when it reaches the people who need it most.

**Dr Jürgen Eisenbraun**

Head of Clinical Research, Drug Approval and
QPPV at Abnoba GmbH

Dr. Jürgen Eisenbraun studied biology (with a focus on physiology) at the University of Hohenheim and completed his education with a PhD in experimental surgery. He then spent six years gaining extensive business experience as the managing director and owner of a wholesale company.

After successfully selling the company, he returned to the scientific field and joined Abnoba GmbH in 2000. There, he currently serves as the lead scientist overseeing the areas of Clinical Research, Drug Approval, and QPPV (Qualified Person for Pharmacovigilance).

Demonstrating the safe and effective use of mistletoe preparations is of great importance for therapists and patients. The fact that his work and experience enable him to help his patients has become his life's mission.



Professor Gene Feder
University of Bristol

Gene is a professor of primary care in Bristol Medical School. His research started with the health and health care of Traveller Gypsies, followed by studies on the development and implementation of clinical guidelines, the management of chronic respiratory and cardiovascular conditions in primary care and the health impact of domestic violence.

He has a long-standing interest in improving measurement of outcomes of anthroposophical and other integrative medical systems, through his work with the S-HEAL group.

His current research focuses on the epidemiology, prevention, and mitigation of violence, particularly gender-based violence he does as part of Bristol Research on Gender, Health and Trauma (BRIGHT) and as director of VISION.

His main methodological expertise is in randomised controlled trials and systematic reviews; he collaborates with epidemiologists and social scientists on cohort and qualitative studies respectively. He is a fellow of the Academy of Medical Sciences and in 2016 he was awarded an OBE for services to victims of domestic violence.



PD Dr Matthias Kröz

Head of Department of Research, Senior Consultant in
Sleep Medicine, Specialist in Internal Medicine and Sleep
Medicine, Klinik Arlesheim, Switzerland

PD Dr. Matthias Kröz is a specialist in internal medicine and sleep medicine.

He is head of the department of research and senior consultant in sleep medicine at the Klinik Arlesheim.

He is associated with the Research Institute Havelhöhe, Berlin and is member of the Institute for Integrative Medicine, University Witten/Herdecke.

His research focus e.g. on research in the field of cancer-related fatigue and sleep disturbances in cancer patients

**Rebecca Paten**

Eurythmy Therapist and Psychotherapist

Rebecca Paten is a Eurythmy Therapist and Psychotherapist specialising in somatic psychotherapy. Originally from Germany, she trained in the Netherlands and England and divides her working week between her private practice, schools, and care homes. Her private practice is based at the newly opened Rowan Tree Centre for Health in Bristol (formerly Helios Medical Centre), where she works with a wide range of health concerns including cancer aftercare, chronic fatigue, menopause, and trauma.

Over the past 26 years, Rebecca has developed a distinctive approach that weaves together mindful movement and the healing power of conversation. At the heart of her work is eurythmy — a practice in which the dynamics and shapes of speech sounds are reimagined as expressive full-body movements. This creates a living pathway to the self, inviting an authentic rediscovery of the body as a home: a secure and grounded place from which to engage with life and reconnect with one's own core.

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