

NCIM Training

MISTLETOE THERAPY IN PRACTICE

HISTORY, PREPARATION AND CLINICAL APPLICATION

Monday 13 July & Tuesday 14 July 2026
10am - 5.30pm



PROGRAMME DAY 1

10.00	<p>Welcome Address Dr Elizabeth Thompson , CEO & Founder, Integrative Medicine Doctor, National Centre for Integrative Medicine</p>
10.15	<p>History and Philosophy of Mistletoe Therapy Dr Elizabeth Thompson & Dr Sarah Monz</p>
11.00	BREAK
11.30	<p>Growing and Preparation of Iscador Dr Sarah Monz, Iscador</p> <p>Harvesting and Production of Helixor Dr Sebastian Stockerl, Helixor</p> <p>Preparation and Delivery of Abnoba VISCUM Dr Jürgen Eisenbraun, Abnoba</p>
13.00	LUNCH
14.00	<p>Nature Connection and Mistletoe Dr Elizabeth Thompson & Dr Sarah Monz</p>
15.00	BREAK
15.30	<p>Symposium on Research and Evaluation for Mistletoe Therapy</p> <p>Part 1: Exploring the natural rhythms of the body as a complex organism.</p> <p><i>Movement Break</i></p> <p>Part 2: Exploring cancer-related fatigue, sleep disturbance, and quality of life.</p> <p>Chair - Dr Gene Feder, University of Bristol Speaker- Dr Matthias Kröz, Arlesheim Clinic</p>
17.30	CLOSE OF DAY
18.00	DRINKS & EVENING MEAL

PROGRAMME DAY 2

10.00	<p>Highlights from Day 1 Dr Elizabeth Thompson , CEO & Founder, Integrative Medicine Doctor, National Centre for Integrative Medicine</p>
10.15	<p>Mistletoe in Clinical Practice including Oral Mistletoe Dr Elizabeth Thompson</p>
11.00	BREAK
11.30	<p>Practical Approaches to Subcutaneous Regimes with Mistletoe Therapy Dr Simon Lieshout, Integrative Medicine Doctor</p>
13.00	LUNCH
14.00	<p>Intravenous Protocols and Managing Hypersensitivity Dr Simon Lieshout, Integrative Medicine Doctor</p>
15.30	BREAK
16.00	<p>Use of Mistletoe in Non-Cancer diagnoses such as Chronic Fatigue Syndrome Dr Simon Lieshout, Integrative Medicine Doctor</p>
16.30	<p>Round up of the day with a focus on Cautions and Contra-indications for Mistletoe therapy Dr Elizabeth Thompson & Dr Simon Lieshout</p>
17.30	CLOSE OF DAY