

# Foundation, Advanced and Masterclass Courses in Homeopathy

Blended learning with online  
and face-to-face teaching

Accredited Training by



Faculty of  
Homeopathy





**We are delighted you would like to learn more about the courses run by the National Centre for Integrative Medicine (NCIM), at Ham Green House.**

NCIM is committed to practising and teaching Integrative Medicine, combining the best of conventional, lifestyle, functional and holistic approaches. Homeopathy is an important and popular complementary therapy and here in Bristol we are leading the way in Professional and Veterinary Homeopathy, teaching how Homeopathy can be successfully recommended for animals and humans. Homeopathic skills can be incorporated into your clinical practice both to improve communication with clients and to increase the range of therapeutic tools in the day to day management of acute and long-term conditions.

We have a dedicated and passionate team of teachers who teach regionally, nationally and internationally. We focus on clinical cases where Homeopathy has worked well in practice and the teaching team want you to be able to recommend homeopathy successfully by the end of the course. If you are ready for a challenge professionally and philosophically then we would be delighted to help you on this exciting path.

Our Virtual Learning Environment (VLE) is designed to guide you through lectures, cases, remedies and homeopathic care through a wide range of material including videos, written material and a lively interactive forum. We believe that this caters to your own individual learning style. We will also invite you to regular tutorials which are held online, we encourage these to be interactive and these sessions have proved to be a great opportunity for you connect with fellow students and our teaching team. You will have support from your tutor throughout the course either via email, messaging through the VLE or live meetings. Every year we invite our students to an intensive teaching day and encourage you to attend our Masterclasses. Whether you are a busy Pharmacist, Doctor, Dentist, Nurse, Vet, Podiatrist, Psychologist or other healthcare professional, you may find that Homeopathy helps you transform your clinical practice and widens the therapeutic options that you can offer to your clients. Beware! Homeopathy is sometimes too compelling to give up.



**NCIM, at Ham Green House, Pill, near Bristol**  
In person teaching days take place here







The Mineral Kingdom  
Silicium oxide (Quartz)

Helps in the treatment of wounds  
and scars prone to lingering  
infections and  
a fantastic remedy for treating  
abscesses

## About the Course

The course is accredited by the **Faculty of Homeopathy** which promotes academic and scientific thinking and ensures the highest standards in teaching. Five core areas of knowledge include:

- Core principles and concepts of Homeopathy
- The historical and philosophical background to the development of Homeopathy
- Current scientific thinking
- Homeopathic pharmacy and materia medica
- Consultation and case analysis skills

## Teaching Methods

We are committed to offering a range of teaching methods that help learning to be fun and exciting. Your participation in homework and assignments is essential as you build your Course Based Assessment (CBA) portfolio. Some of your assignments will build towards passing the exams accredited by the Faculty of Homeopathy, making the final exam less of a hurdle. Within each session we will give you the objectives of that session and how they relate to the vertical themes below.

## Vertical Themes

Vertical themes are ideas that serve as a framework for the whole of the Academic Programme, from Foundation through to the Advanced Course and Masterclasses. The seven vertical themes listed below, will form part of your Continued Professional Development:

## Discerning the Case

This is the process whereby the practitioner understands the nature of the patient's predicament. Though case-taking is in some ways similar to conventional medicine, it is also very different as it seeks to identify underlying patterns in the patient's story and explores key life and health events and the way the person's body has responded in a unique way. This is followed by the process of pattern matching, matching the patients symptoms to an individual remedy and offering whole person care



## **Materia Medica**

This is the study of the medicinal properties of homeopathic remedies. Throughout the programme emphasis is placed on “locating” medicines within their natural context. The primary distinction is into Mineral, Plant and Animal Kingdoms. Within kingdoms we follow natural groupings such as plant families. Knowledge of Materia Medica is based on provings, toxicology and clinical cases.

## **Philosophy of Homeopathic Care**

Homeopathy comprises the matching of remedies to the individual according to principles which are studied under this banner, drawing on sources such as Hahnemann’s Organon of Medicine. This theme also includes the History of Homeopathy.

## **Pattern Matching Strategies**

There are many different ways of matching the patient’s symptoms to the remedy and you will come to know these as: Totality, Keynote, Constitutional, Scholten method, Sankaran’s System and Aetiological Prescribing. The skill is to have a repertoire of matching strategies and to know when to use which one.

## **Homeopathy in Practice**

We can develop our knowledge of remedies and strategies but how do we actually use Homeopathy in practice? To do this well takes a lot of experience, which means at each stage of your training you will get a chance to share your own cases, as well as seeing how other cases are being managed.

## **Research in Homeopathy**

It is vital that Homeopaths engage with Critical Analysis, including interpretation (and creation) of the evidence base for Homeopathy – it is a much richer store than most imagine. Because Homeopathy is viewed as ‘outside the box’ in terms of Conventional Science, it is an intrinsically fascinating field bringing in such delights as Quantum Theory and Chaos Theory.

## **Practitioner Development**

People often come to Homeopathy at a point in their careers when they are seeking a more meaningful way to engage with patients. We seek to actively support any course members making these transitions. We also encourage Case-logs, Clinical audit and Self-care.

## **The Animal Kingdom**

**Aquila chrysaetos (Golden Eagle) in the Accipitridae family**

**Focus and freedom and bridging the gap between responsibility and the world of dreams**







**The Garden Room**  
One of the teaching rooms at  
Ham Green House

## The Advanced Course - MFHom and onwards

This is where the fun begins, and we hope many of you will continue into Year 2 and onwards.

For many it is more challenging to incorporate a more thorough homeopathic assessment into everyday practice but much of Homeopathy's success is matching the remedy accurately to the individual and we would like you to see the best of Homeopathy and become more confident as the years progress.

Years 2 and 3 provide teaching which will lead students towards the MFHom examinations. We will work with the syllabus for the MFHom but also want to deepen your awareness and understanding of the Art of Medicine finding what is 'strange rare and peculiar' in each patient's story and acquiring skills in computerised software programmes which will help with matching the remedy to the individual.

Each year you are encouraged to sit in clinics with the Medical Homeopathy Team at the National Centre for Integrative Medicine.

MFHom training expands substantially on the introductory training and prepares Doctors, Nurses, Vets, Dentists, Podiatrists and Pharmacists for the Membership Examination using Course Based Assessment (CBA), therefore lessening the burden of a written examination. The examination at the end of Year 3 will be clinical and very relevant, showcasing the knowledge and skills you will have acquired.

Further information about the MFHom / VetMFHom examination is available via the Faculty of Homeopathy Website.  
[www.facultyofhomeopathy.org](http://www.facultyofhomeopathy.org)



Faculty of  
Homeopathy



## The Goals from the Faculty of Homeopathy Core Curriculum Document are listed below:

### Summary of Professional Attribute Goals

- Core principles and concepts of homeopathy
- Understanding of reflective practice and its benefits for patients care and lifelong learning
- Reflective practice becomes an integral part of practitioner's clinical care
- Renewed and broadened interest in clinical medicine
- Improved clinical and communication skills
- A clearer perception of the patient as a whole, and as an individual
- A well-developed understanding of the importance of the therapeutic encounter itself

### Summary of educational goals

- Awareness of the scope and value of homeopathy for their patients or the community in which they work, how to gain access to services which provide it and how to understand and integrate the contribution of homeopathy to patient care
- Broad understanding of the dynamics of illness and a wider perspective of the nature and evolution of chronic disease in both biological and pathological aspects
- Improved case-taking; more active and attentive listening to the details of the patient history and more careful study of the 'March of Events' in the development of disease
- Greater awareness of the capacity for self-regulation and self-healing, and the possibility of stimulating these processes
- Awareness of the scientific implications of the subject, its evidence base and the arguments that surround it
- An enhanced therapeutic repertoire



**The Plant Kingdom**  
**Ranunculus bulbosus (Buttercup)**

**Used for vesicular eruptions with  
burning and intense itching –  
a very helpful Shingles remedy**



## About the Teaching Team



**Dr Samantha Jugdev BSc(Hons), BDS(Brist), PGCME, FFHom(Dent)**  
**Homeopathy Education Lead for NCIM**

Dr Samantha Jugdev is a General Dental Practitioner based in Oxfordshire UK. She started taking an interest in complementary therapies and their value in dentistry when she realised that patients were making varied choices in their care of their own health. She gained Membership of the Faculty of Homeopathy (MFHom(Dent)) in 2015. Shortly after this she was invited to join the teaching team at the National Centre for Integrative Medicine (NCIM) gradually increasing her involvement to developing their online courses. She is now Education Lead for Homeopathy with NCIM and sits as their representative on the Faculty of Homeopathy's Academic and Examining Board. She is also Chairperson of the British Homeopathic Dental Association (BHDA). Recently she was awarded FFHom(Dent).



**Dr Elizabeth Thompson**  
**MBBS, BA (Oxon), MRCP(UK), DM (Oxon), FFHom**  
**CEO and Academic Director of NCIM**

Dr Elizabeth Thompson trained in Medicine at Oxford University and completed her clinical training at Guy's Hospital in London. Qualifying in Palliative Medicine, she obtained Membership of the Royal College of Physicians in 1991 and Certificate of Completion of Specialist Training (CCST) in September 2000. In 2014 she set up the National Centre for Integrative Medicine and is passionate about how bringing conventional, holistic and lifestyle approaches together could transform modern healthcare and create diversity for patients and practitioners. Dr Thompson is part of the NCIM Integrative Clinical team and is also an experienced Medical Homeopath specialising in women's health including menopause and supporting the health and wellbeing of cancer patients. She has pioneered an accredited master's Level 7, 2-3 year Diploma in Integrative Healthcare for healthcare professionals, which now has an international reach.





**Kiki Marselou MPharm, MFHom(Pharm)**  
**Homeopathy Co-Education Lead for NCIM**

Kiki Marselou trained in Pharmacy, at the University of Ferrara, Italy. She started her career as a researcher but soon felt that her passion for helping people could not be fulfilled in a research lab. During her practice in a community pharmacy her vision became that to empower people to improve their life through a natural holistic approach. She obtained a Diploma in Natural Health from the University of Ferrara and specialised in integrating dietary supplements and nutrition with conventional medicine. Her journey into Homeopathy started few years later, once she moved in UK, where she qualified as a Homeopath with the Faculty of Homeopathy. Currently she divides her time between practising Homeopathy, tutoring newly qualified pharmacists, and being the mother of two lively children. She enjoys exercising outdoors, yoga and baking.



**Dr Alastair Gray**  
**Director of Online Learning**

Alastair has lectured under and post-graduate Integrative Medicine, CAM, homeopathy and naturopathy for 22 years, including theory and philosophy, case taking and management, ethics, business practices and scope of practice. A regular forum and conference presenter worldwide he is the author of 23 books and numerous articles on primary research in natural medicine. He is passionate about e-learning and educational technology in his academic and teaching work. Alastair lives in Philadelphia with his wife Denise Straiges.





**Vicky Simon BVetMed VetMFHom MRCVS**  
**Homeopathy Tutor for NCIM**

Vicky is a holistic veterinary surgeon who runs her own clinic in Somerset, practicing homeopathy, herbal medicine, acupuncture and natural feeding. She graduated from the Royal Veterinary College in 2012. She studied homeopathy at NCIM and graduated in 2019 as a VetMFHom. She has only ever worked in integrated veterinary clinics since graduating, working in two different ones, both run by a vet and human homeopath. She set up her own clinic in 2020 and is particularly passionate about using integrative medicine to improve the lives of the pets in her care.



**Dr Emi Maruo**  
**Homeopathy Tutor for NCIM**

Dr Emi Maruo is a medical doctor first qualified in Japan where she specialised in diabetes care. She worked with patients through a natural holistic approach alongside conventional medicine. After she moved to the UK, she has focused more on holistic approaches while working at hospitals. She encountered homeopathy and she herself experienced the power of homeopathy during pregnancy. After qualifying as a Homeopath with the Faculty of Homeopathy, she has introduced homeopathy to her daily practice.



**Get in touch to find out more**

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**Arnica Montana**