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**Child and Family Health: Creating Vitality**

**Date**: Friday 16 October 2020

**Time**: 10.00-5.00pm

**Venue**: Zoom

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| **TIME** | **CONTENT** | **SPEAKER** |
| **10.00 - 10.10** | **Welcome Address**  | **Dr Elizabeth Thompson**CEO for the National Centre for Integrative Medicine |
| **10.10 - 10.50** | **Keynote speaker****Bristol’s Approach to Integrative Care in Childhood Obesity** Q and A | **Professor Julian Hamilton-Shield**Professor of Diabetes and Metabolic Endocrinology/ Paediatrician  |
| **10.50-11.25**  | **Osteopathy in Child Health from Baby to Adolescent**Q and A | **Peter Cockhill**Osteopath |
| **11.25– 11.55** | **BREAK**  |  |
| **11.55 - 12.30** | **Find Your Village: Promoting Child Development and Wellbeing in Migrant Communities**Q and A | **Dr Tom Allport**Consultant Paediatrician |
| **12.30 - 1.00** | **Nutrition, Child Health and Activating Health** | **Anita Beardsley**Nutritional Therapist |
| **1.00 - 2.00** | **Cook your own LUNCH with demo - then eat!** | **Anita Beardsley**Nutritional Therapist |
| **2.00 - 2.40** | **A Greener CAMHS: Keeping Nature in Mind**Q and A | **Dr Catriona Mellor**Child and Adolescent Psychiatrist |
| **2.40 – 3.10** | **Integrative General Practice** Q and A | **Dr Frank Mulder**GP and Anthroposophical Doctor |
| **3.10 – 3.40** | **Farming, Family, Therapy and A Holistic Approach to Child Health**Q and A | **Tish Feilden/Beth Walker,** Therapy Coordinator/OT at Jamie’s Farm |
| **3.40 - 4.00** | **BREAK** |    |
| **4.00 – 4.45** | **Keynote Speaker****Integrative Paediatrics in the United States: Teaching the Art of Thriving in Childhood** Q and A | **Dr Hilary McClafferty**Integrative Paediatrician, USA |
| **4.45 - 5.00** | **Close** | **Dr Elizabeth Thompson**CEO for the National Centre for Integrative Medicine |