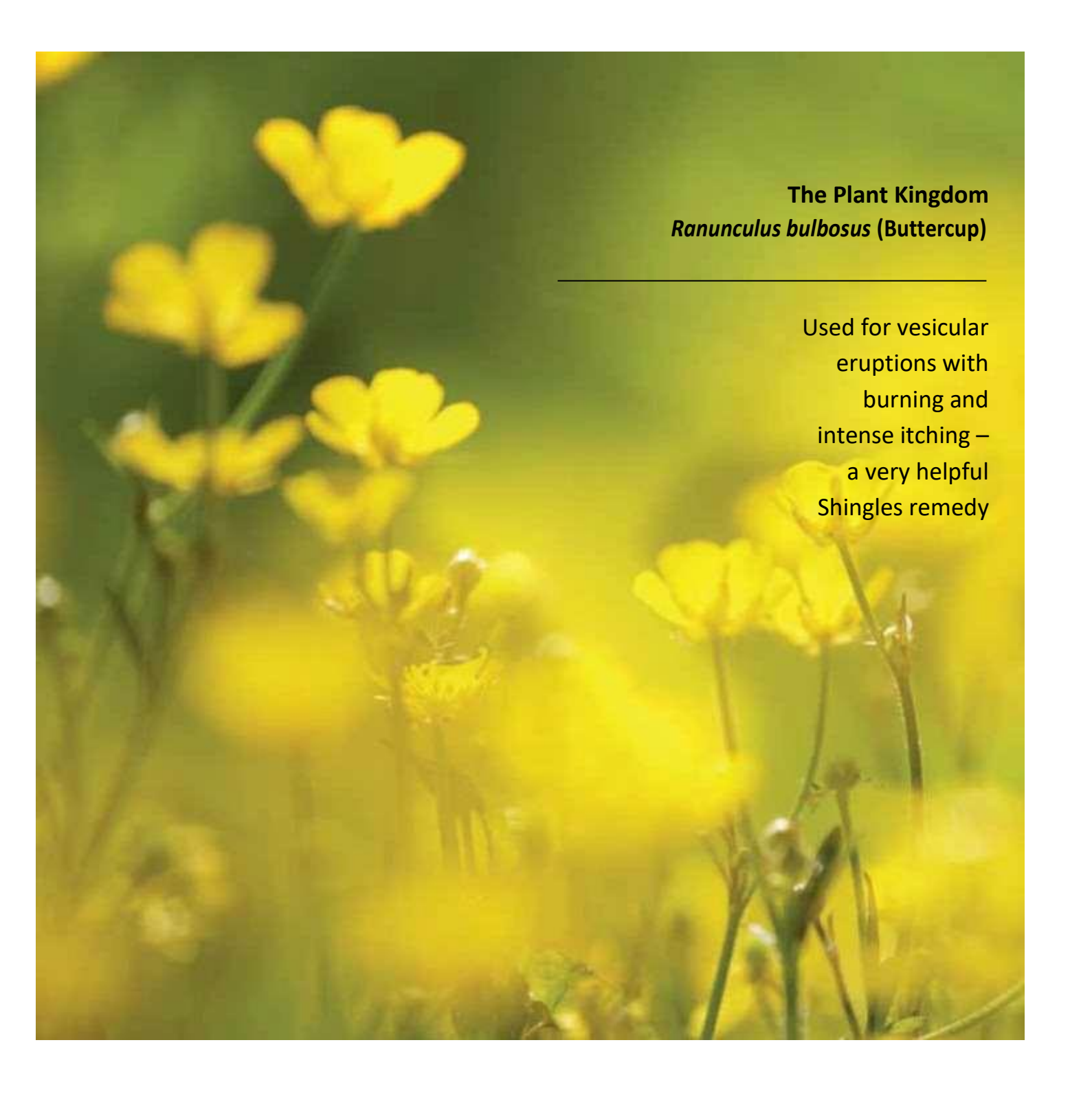




**On-Line and
Face-to-Face
Homeopathy Training
Basic and Advanced Courses**





The Plant Kingdom
***Ranunculus bulbosus* (Buttercup)**

Used for vesicular
eruptions with
burning and
intense itching –
a very helpful
Shingles remedy

We are delighted you would like to learn more about the on-line and face-to-face courses run by the National Centre for Integrative Medicine (NCIM)



NCIM is committed to practising and teaching Integrative Medicine, combining the best of conventional, lifestyle and holistic approaches. Homeopathy is an important and popular complementary therapy and here in Bristol we are leading the way in Professional and Veterinary Homeopathy, teaching how Homeopathy can be successfully recommended for animals and humans. Homeopathic skills can be incorporated into your clinical practice both to improve communication with clients and to increase the range of therapeutic tools in the day to day management of acute and long-term conditions.

We have a dedicated and passionate team of teachers who teach regionally, nationally and internationally. We focus on clinical cases where Homeopathy has worked well in practice and the teaching team want you to be able to recommend homeopathy successfully by the end of the course. If you are ready for a challenge professionally and philosophically then we would be delighted to help you on this exciting path.



The Course Venue
Engineers' House

The teaching days will inspire and guide you, complemented by home study using the on-line Learning Management System (LMS), which is an essential part of your training, should you wish to qualify in a Faculty of Homeopathy accredited course (MFHom / VetMFHom). Whether you are a busy Pharmacist, Doctor, Dentist, Nurse, Vet, Podiatrist, Psychologist or other healthcare professional, you may find that Homeopathy helps you transform your clinical practice and widens the therapeutic options that you can offer to your clients. Beware! Homeopathy is sometimes too compelling to give up.

About the course

The course is accredited by the Faculty of Homeopathy which promotes academic and scientific thinking and ensures the highest standards in teaching. Five core areas of knowledge include:

- Core Principles and Concepts of Homeopathy
- The Historical and Philosophical Background to the Development of Homeopathy
- Current Scientific Thinking
- Homeopathic Pharmacy and Materia Medica
- Consultation and Case Analysis Skills

Teaching Methods

We are committed to offering a range of teaching methods that help learning to be fun and exciting. Your participation in homework and assignments is essential as you build your Course Based Assessment (CBA) portfolio. Some of your assignments will build towards passing the exams accredited by the Faculty of Homeopathy, making the final exam less of a hurdle. Within each session we will give you the objectives of that session and how they relate to the vertical themes below.

Vertical Themes

Vertical themes are ideas that serve as a framework for the whole of the Academic Programme, from PHCE to the Advanced Study Group known as GEMS (Gradually Evolving and Mastering Sensation). The seven vertical themes listed below, will form part of your Continued Professional Development:

Discerning the Case

This is the process whereby the practitioner understands the nature of the patient's predicament. Though case-taking is in some ways similar to conventional medicine, it is also very different as it seeks to identify underlying patterns in the patient's story and explores key life and health events and the way the person's body has responded in a unique way. This is followed by the process of pattern matching, matching the patients symptoms to an individual remedy and offering whole person care.

Materia Medica

This is the study of the medicinal properties of homeopathic remedies. Throughout the programme emphasis is placed on “locating” medicines within their natural context. The primary distinction is into Mineral, Plant and Animal Kingdoms. Within kingdoms we follow natural groupings such as plant families. Knowledge of Materia Medica is based on provings, toxicology and clinical cases.

Philosophy of Homeopathic Care

Homeopathy comprises the matching of remedies to the individual according to principles which are studied under this banner, drawing on sources such as Hahnemann’s *Organon of Medicine*. This theme also includes the History of Homeopathy.

Pattern Matching Strategies

There are many different ways of matching the patient’s symptoms to the remedy and you will come to know these as: Totality, Keynote, Constitutional, Scholten method, Sankaran’s System and Aetiological Prescribing. The skill is to have a repertoire of matching strategies and to know when to use which one.

Homeopathy in Practice

We can develop our knowledge of remedies and strategies but how do we actually use Homeopathy in practice? To do this well takes a lot of experience, which means at each stage of your training you will get a chance to share your own cases, as well as seeing how other cases are being managed.

Research in Homeopathy

It is vital that Homeopaths engage with Critical Analysis, including interpretation (and creation) of the evidence base for Homeopathy – it is a much richer store than most imagine.

Because Homeopathy is viewed as ‘outside the box’ in terms of Conventional Science, it is an intrinsically fascinating field bringing in such delights as Quantum Theory and Chaos Theory.

Practitioner Development

People often come to Homeopathy at a point in their careers when they are seeking a more meaningful way to engage with patients. We seek to actively support any course members making these transitions. We also encourage Case-logs, Clinical audit and Self-care.

Basic Training

Basic Training is appropriate for Healthcare Practitioners who want to understand the fundamental Principles of Homeopathy. The course is organised in 9 modular teaching days per year and sets out to answer questions such as:

What is Homeopathy?

What makes Homeopathy an Integrative Medicine approach?

How can viewing health and illness within a complex system enhance our relationship with clients?

The first-year syllabus covers the clinical applications and key characteristics of fifty remedies which can be incorporated into your day-to-day practice. The curriculum specifies the core knowledge required for the PHCE / LFHom (Vet) exams, which all students are strongly encouraged to sit, as it is considered to be an essential component of their training in Homeopathy. Success in the examination marks achievement of basic level skills within clearly defined standards of safety, quality of practice and professional competence. Successful candidates may wish to continue for a further two years of study to qualify in the membership of the Faculty of Homeopathy (MFHom / VetMFHom).

Modules are held in a range of venues including Penny Brohn UK in Pill, Bristol - a beautiful and uplifting centre.



Penny Brohn UK
(above and
right)

Primary Health Care Examination (PHCE) in Homeopathy

This multiple-choice examination, for which there is a separate fee, is administered directly by the Faculty of Homeopathy.

Preliminary Certificate in Veterinary Homeopathy Examination

This examination, for which there is a separate fee, is administered directly by the Faculty of Homeopathy.

Homeopathy - an Integrative Medicine Approach

We will be running taster days in the coming academic year offering a brief introduction to Homeopathy and its position in the field of Integrative Medicine. If you are a Healthcare Professional who is curious about these issues but not ready to plunge into homeopathic training, this could be a stimulating and enlightening session where you can meet like-minded colleagues and get a feel for some of the key principles that underpin homeopathic thinking. These sessions are free.

MFHom and onwards

This is where the fun begins, and we hope many of you will continue into Year 2 and onwards.

For many it is more challenging to incorporate a more thorough homeopathic assessment into everyday practice but much of Homeopathy's success is matching the remedy accurately to the individual and we would like you to see the best of Homeopathy and become more confident as the years progress. Years 2 and 3 provide teaching which will lead students towards the MFHom examinations. We will work with the syllabus for the MFHom but also want to deepen your awareness and understanding of the Art of Medicine finding what is 'strange rare and peculiar' in each patient's story and acquiring skills in computerised software programmes which will help with matching the remedy to the individual.

Each year you are encouraged to sit in clinics with the Medical Homeopathy Team at the National Centre for Integrative Medicine and attend video clinics which allow you to work on a clinical case in the safety of the classroom. MFHom training expands substantially on the introductory training and prepares Doctors, Nurses, Vets, Dentists, Podiatrists and Pharmacists for the Membership Examination using Course Based Assessment (CBA), therefore lessening the burden of a written examination. The examination at the end of Year 3 will be clinical and very relevant, showcasing the knowledge and skills you will have acquired.

Further information about the MFHom / VetMFHom examination is available via the Faculty of Homeopathy Website.

www.facultyofhomeopathy.org



Faculty of
Homeopathy

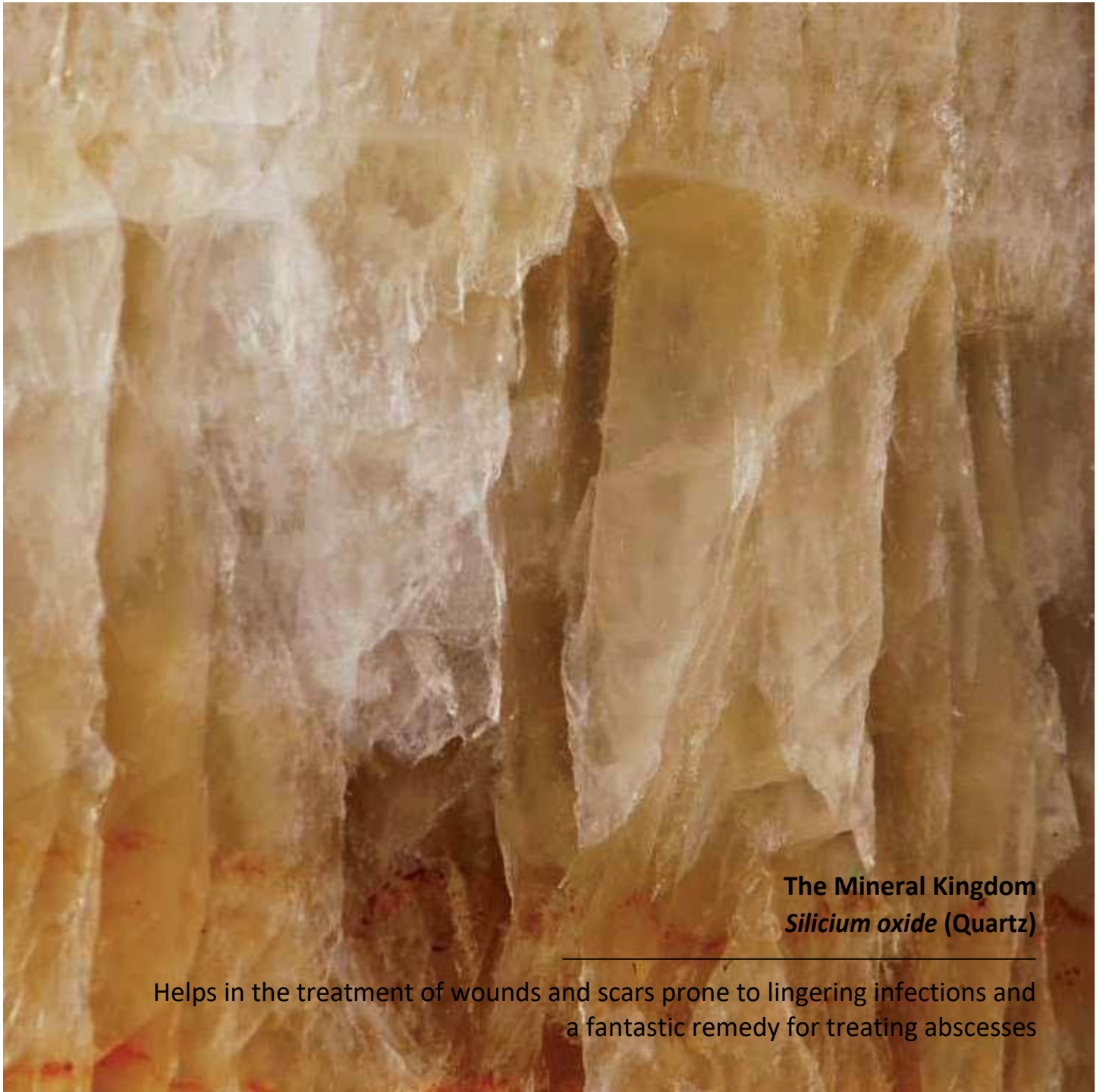
The Goals from the Faculty of Homeopathy Core Curriculum Document are listed below:

Summary of Professional Attribute Goals

- Core principles and Concepts of Homeopathy
- Understanding of Reflective Practice and its benefits for Patients Care and Lifelong Learning
- Reflective Practice becomes an integral part of Practitioner's Clinical Care
- Renewed and broadened interest in Clinical Medicine
- Improved Clinical and Communication Skills
- A clearer perception of the Patient as a whole, and as an Individual
- A well-developed understanding of the importance of the Therapeutic Encounter itself
- Increased Quality of Patient Care and Vocational Satisfaction

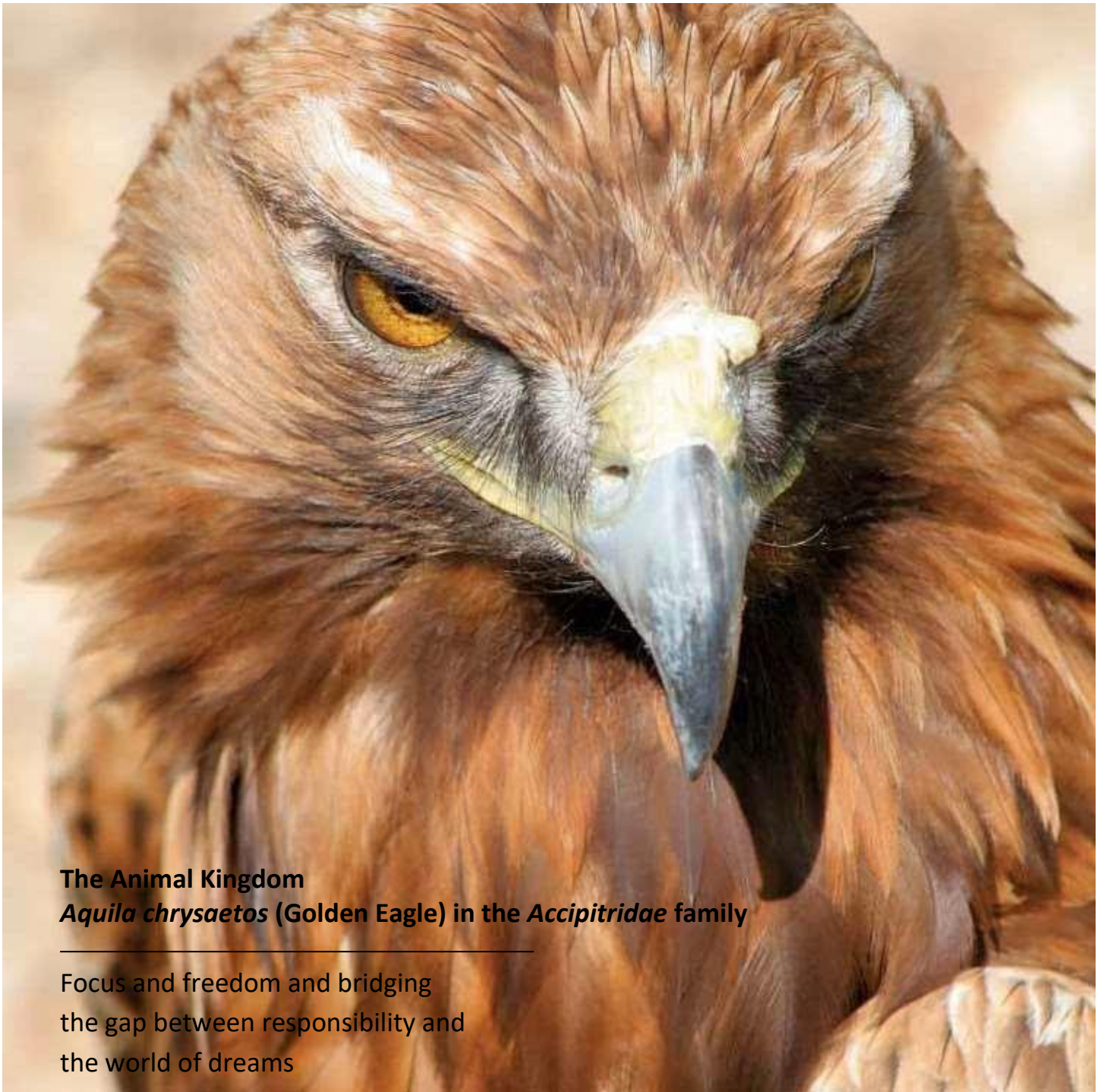
Summary of Educational Goals

- Awareness of the scope and value of Homeopathy for their Patients or the Community in which they work, how to gain access to services which provide it and how to understand and integrate the contribution of Homeopathy to Patient Care
- Broad understanding of the dynamics of illness and a wider perspective of the nature and evolution of Chronic Disease in both its biographical and pathological aspects
- Improved Case Taking; more active and attentive listening to the details of the Patient History and more careful study of the 'March of Events' in the Development of the Disease
- Greater awareness of the capacity for Self-regulation and Self-healing, and the possibility of stimulating these processes
- Awareness of the scientific implications of the subject, its evidence base, and the arguments that surround it
- An enhanced Therapeutic Repertoire



The Mineral Kingdom
Silicium oxide (Quartz)

Helps in the treatment of wounds and scars prone to lingering infections and a fantastic remedy for treating abscesses



The Animal Kingdom
***Aquila chrysaetos* (Golden Eagle) in the *Accipitridae* family**

Focus and freedom and bridging
the gap between responsibility and
the world of dreams



Gradually Evolving and Mastering Sensation (GEMS)

The GEMS Group provides a teaching programme for those who have qualified in Faculty or Professional Homeopathic Training and wish to consolidate their learning. The GEMS Group provides an opportunity for Continued Professional Development and supports your Clinical Practice.



We believe every case that goes well and supports health creation is a GEM! We believe that, for those who are inspired by Homeopathy, the learning process never ends, but learning in isolation is not half as much fun as in a supportive environment with like-minded people. We build on your fundamental knowledge of basic remedies as well as introducing new remedies and improving your use of Homeopathic Software Programmes. Most importantly, we would like to teach you how to feel confident about choosing a new remedy that you have never prescribed before by improving your case taking and case analysis skills and connecting you to new teaching that is emerging all the time.



The GEMS teaching team have a wealth of personal experience and great cases to share. Case based information is drawn from teachers across the world, including Michal Yakir, Massimo Mangialavori, Scholten, Jonathon Shore and others. The style of case taking is influenced by Rajan Sankaran's System, which we have been studying and using for several years now in our own practices. Our experience has been that in giving us a map of the territory, Sankaran's levels have made the case taking process more therapeutic for the patient, case analysis easier and more interesting, and has improved our results. If we can understand the Sensation of the case, the remedy needed can be a lot clearer. Using paper, video and live cases from the animal, plant and mineral kingdoms we demonstrate how this way of case taking has brought success in complex clinical conditions. Homeopathy no longer becomes a pure symptom-gathering exercise: we start to see the patterns behind the symptoms and so the analysis of the case becomes clearer and less overwhelming.

The GEMS team, wants to meet your needs in daily practice and will be flexible with other sources of learning material that you or others may have gathered along the way and we encourage you to present your cases. We hope you will be inspired by this new opportunity to take your own homeopathic learning forward and look forward to meeting you on the course at whatever stage you feel you are at. We believe the learning for everyone never ends!

For information about our teaching team, as well as dates for upcoming study days, including GEMS and Masterclasses, and available discounts for multiple bookings, please go to our website www.ncim.org.uk and look under the 'Training' section. You can also contact our Academic Administrator by emailing education@ncim.org.uk.

About the Teaching Team



Dr Elizabeth Thompson BAOxon MBBS MRCP FFHom DM (Oxon): CEO and Academic Director of NCIM

Dr Elizabeth Thompson trained in Medicine at Oxford University and completed her clinical training at Guy's Hospital in London. Qualifying in Palliative Medicine, she obtained Membership of the Royal College of Physicians in 1991 and Certificate of Completion of Specialist Training (CCST) in September 2000. In 2014 she set up the National Centre for Integrative Medicine and is passionate about how bringing conventional, holistic and lifestyle approaches together could transform modern healthcare and create diversity for patients and practitioners. Dr Thompson is part of the new NCIM Holistic Doctor team and is also an experienced Medical Homeopath specialising in women's health including menopause and supporting the health and wellbeing of cancer patients. She has pioneered a new two-year Diploma in Integrative Medicine for healthcare professionals.



Dr Julie Geraghty MB ChB DCH FFHom

Dr Julie Geraghty qualified in Medicine in South Africa in 1984, did her Post Graduate training as a General Practitioner in the UK and gained the MFHom in 1994 while training at the Glasgow Homeopathic Hospital. She started teaching on the Glasgow course before moving to Bristol in 2002, where she joined the teaching team. She has a busy private practice in the city and was part of the Bristol Homeopathic Hospital team. She has studied extensively with Jan Scholten, Massimo Mangialavori, Rajan Sankaran and Divya Chhabra and teaches homeopathy widely in the UK and Europe, basing her teaching on the Bombay Method of case taking and case analysis. She is the Medical Dean for the Faculty of Homeopathy.



Dr. Helen Beaumont MB ChB MRCGP DRCOG MFHom

Dr Helen Beaumont says homeopathy has been in her blood since 1995, having trained with HPTG in Oxford and gaining her Specialist Registration in 2006. She was part of the team at the Bristol Homeopathic Hospital and still runs a private homeopathic. She studied with Sankaran in India on several occasions and continued her own professional development with a mixture of seminars and peer group supervision. She has always been passionate about medical education and completed a three-year teacher training course in Medical Homeopathy. She has taught in Oxford and Bristol for several years and is also an examiner for the Faculty. Teaching medical students at Birmingham University has been an exciting opportunity to expand knowledge of Homeopathy to a wider audience of potential doctors. Enthusiasm, energy and a real love of Homeopathy are fundamental to teaching and she hopes to inspire and motivate students in their journey of learning. Helen is Vice President for the Faculty of Homeopathy.



Geoff Johnson MA VetMB MRCVS VetMFHom RSHom PCH

Geoff worked in many veterinary practices before becoming the owner of a mixed Exmoor practice in 1993. He started homeopathy in 1995 and quickly became passionate about its exploration and practise in all species. In 2003 he opened a homeopathy only surgery for animals and people, being the first person to be qualified as a veterinary and human homeopath. He enjoys teaching nationally and internationally, but is particularly pleased to be part of the Bristol team, one of the leading forces in the evolution of Homeopathy in the UK.



Peter Gregory BVSc Cert IAVH VetFFHom MRCVS

I qualified as a veterinarian in 1972 and I have been practising veterinary homeopathy for over 30 years. I have never ceased to be amazed at the power of homeopathy to heal and I am still impressed by the understanding of health and disease which its study brings. I have been teaching the method to vets for two decades and co-authored Textbook of Homeopathy specifically for students of veterinary homeopathy. I believe a firm foundation in the principles is essential, but that our methods of prescribing should continue to develop, taking advantage of our increasing knowledge of all areas of the method; learning homeopathy can be a journey of discovery which has enormous value for the practitioner just as much as for the patient.



Samantha Jugdev BSc (Hons), BDS (Brist), MFHom (Dent) Education Lead for NCIM

Samantha qualified from Bristol in 2001 and promptly joined the army. After a few years of learning dentistry in some interesting situations she settled down with her husband, also a dentist, at Thirty Three Dental in Witney, Oxfordshire. She has always enjoyed the variety of general practice and after talking to some of her patients, realised they were using homeopathy. Despite being initially sceptical she decided that she needed to know more about it. Whilst studying for LFHom she had some great successes and continued to study for her MFHom (Dent) which she gained in 2015. She is now Chairperson for the British Homeopathic Dentists Association and the dental representative for the Faculty of Homeopathy. She loves the challenge and satisfaction that Homeopathy brings to her as a dentist and personally. She also complements her practice with hypnotherapy and acupuncture.



Jonathan Hardy BscHons MA BM MFHom

Studied Zoology at Oxford University and obtained an Honours Degree in 1978. He then qualified in Medicine at Southampton University, started his training in Homeopathy and has now been in full-time practice in Hampshire as a Homeopathic doctor since 1986. He also teaches the Faculty of Homeopathy's Training Syllabus for doctors in several European countries and give seminars both in the UK and abroad. He is on the Specialist Register of the Faculty of Homeopathy and is Wessex Regional Tutor for the Faculty. He held a Hospital Practitioner post at the Bristol Homeopathic Hospital until June 2007 and represents Independent Practitioners on the Faculty Council.



Kiki Marselou MPharm, MFHom(Pharm)

Kiki Marselou trained in Pharmacy, at the University of Ferrara, Italy. She started her career as a researcher but soon felt that her passion for helping people could not be fulfilled in a research lab. During her practice in a community pharmacy her vision became that to empower people to improve their life through a natural holistic approach. She obtained a Diploma in Natural Health from the University of Ferrara and specialised in integrating dietary supplements and nutrition with conventional medicine. Her journey into Homeopathy started few years later, once she moved in UK, where she qualified as a Homeopath with the Faculty of Homeopathy. Currently she divides her time between practising Homeopathy, tutoring newly qualified pharmacists, and being the mother of two lively children. She enjoys exercising outdoors, yoga and baking.



Felicity Swallow Academic Administrator

The Academic Administrator is an integral part of the team. She is your first contact for any enquiries regarding the courses, your training pathway, and examinations. She is responsible for the production of all lecture notes, administration of all aspects of the courses, and maintains the library facilities, as well as providing a small homeopathic bookshop.

She is normally available during normal office hours for any questions you may have. Her email is education@ncim.org.uk





Diploma in Integrative Medicine

We hope that some of you may be interested in undertaking a Diploma course in Integrative Medicine. Integrative Medicine (IM) is defined as an approach that seeks to deliver the best of conventional, lifestyle and holistic approaches while maximising patient choice and individualising care to improve health, wellbeing and quality of life.

Our NCIM Diploma in Integrative Medicine is a two-year Masters-level Diploma designed for statutorily registered Healthcare Professionals. Learners will develop a critical and enquiring approach to a variety of therapeutic interventions and their use in a range of common conditions. We support Learners through Self-reflection and Self-care, to build Resilience and deal with the rigours of contemporary working environments.

The course combines on-line and face-to-face learning, with three 3-day Intensives run each academic year. These Intensives include an Open Clinical Day, which is open to Healthcare Professionals, CAM Practitioners, Students and Researchers. Topics include New Ways Forward in Endocrine and Women's Health, New Ways Forward in Mental Health and Optimum Health in Later Life, New Ways Forward in Cardiovascular and Respiratory Health, Gut Health, and so much more. They provide an excellent opportunity to network with like-minded professionals and provide 7 hours of inspiring CPD.

For further information including cost and how to apply, please contact our Academic Administrator on education@ncim.org.uk or visit our website ncim.org.uk

Thanks to the *William Kadleigh Memorial Fund* whose generosity supported the development and printing of this brochure.



